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SUMMER 2026

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FOOT AND ANKLE CENTER

OF THE ROCKIES

Excellence In Foot and Ankle Wellness

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- How Do I Know If I Should See a Podiatrist?
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FEATURED ARTICLES

Tips For Back-to-School Shoe Shopping

As summer winds down and the new school year approaches, many parents are busy checking supplies off their shopping lists. While backpacks, notebooks, and lunch boxes often get the most attention, one purchase can have a lasting impact on your child's health: a properly fitting pair of shoes.

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How Do I Know If I Should See a Podiatrist?



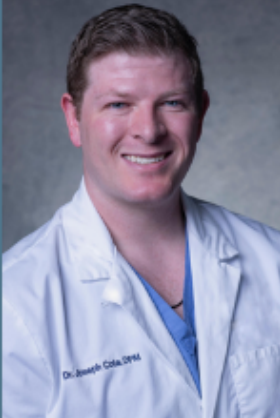
It's tempting to ignore foot pain and hope it goes away on its own. After all, many people assume sore feet are just part of a busy lifestyle. But ongoing pain, swelling, or changes in your feet aren't something you should live with.

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MEET OUR DOCTORS



Dr. Stacy M. Atherton



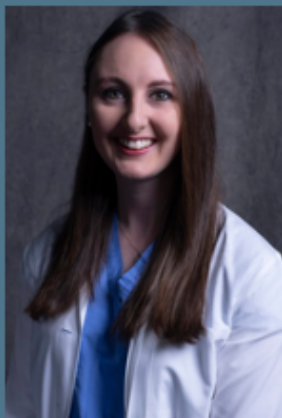
Dr. Joseph Coté



Dr. Eric D. Jaakola



Dr. Olivera H. Jovic



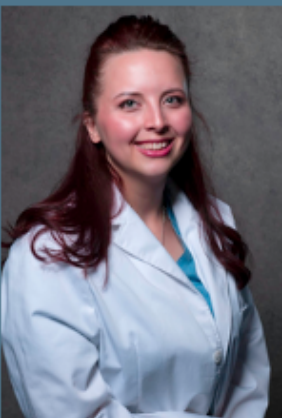
Dr. Amber Kavanagh



Dr. Brian Maurer



Dr. Hannah Mayo



Dr. Erica N. Seybold



Dr. Erik J. Thelander



Dr. Michael D. Vaardahl



Dr. Anna K. Weber

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HAPPY WITH OUR SERVICES?

WE SINCERELY APPRECIATE REVIEWS!

LEAVE A REVIEW







RECIPE OF THE MONTH

Grilled Steak & Strawberry Goat Cheese Salad with Vinaigrette

Click Here for the Full Recipe



Recipe courtesy of fannetasticfood.com

YOUR AUGUST CALENDAR HIGHLIGHTS



August 1 — The first US Census is completed (1790): There were four million people in the US in 1790. Today's population is approximately 349 million.

August 12 — Annual Perseid Meteor Shower – Peak Night: During this meteor shower, the "shooting stars" you see are caused by tiny grains of space dust—often no larger than a grain of sand!

August 12 — Henry Ford built the first Model T. (1908): The original Ford Model T lacked a speedometer, and it wasn't strictly black—early releases were offered in red, green, and blue.

August 15-17 — Woodstock Music Festival (1969): Woodstock drew over 400,000 attendees to a dairy farm in Bethel, New York.

August 26 — Women's Equality Day: U.S. Congress passes the 19th Amendment to the Constitution (1920), granting women the right to vote.

August 27 — International Lottery Day: Americans spend over \$100 billion annually on lottery tickets, reaching a historic peak of \$109.38 billion recently.



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MARKETING